

# Transformation festival in the heart of Europe 2023

[FestivalTransformace.cz](http://FestivalTransformace.cz)

Date / Time	Tuesday 4. July 2023		
14:00 - 18:00	1. Arrival and registration to the festival at the hotel's main entrance (pond level)	2. with a festival tape go for accommodation at the hotel reception	3. relaxation in your own rooms, outdoor meadows and forests or in the hotel pool and wellness area
16:00 - 17:00	Welcome meditation Jan and Jitka - VYSOČINA large hall		
17:00 - 19:00	Dinner		
19:30 - 22:00	A beautiful, deep, loving and joyful opening ceremony to create a safe and sacred space - whole team - all for all - main tent		
Date / Time	Wednesday 5. July 2023		
topic of the day	BASIC PRINCIPLES OF TANTRA, SHAMANISM, DARK EROS AND TRANSFORMATION		
WHERE	MAIN TENT	GREAT HALL VYSOČINA	SMALLER HALL - SÁZAVA/POOL/OTHERS
07:30 - 08:30	<a href="#">8:00-8:30 Tislogi Indian dance - Jitka (in good weather on the meadow next to the MAIN TENT)</a>	<a href="#">Anny FaceYoga 1, Wake up your face, wake up your passion!</a>	<a href="#">Meditation of red and white fire - Radka</a>
08:30 - 09:50	Breakfast		
09:50 - 10:20	Introduction of the presenters and the program for today, possible changes and the possibility of questions - important!		
10:30 - 11:45	<a href="#">Tantric Alchemy – the art of manifesting love – Freya and Piotr</a>	<a href="#">A Tantric Life – Bodhi</a>	<a href="#">Lotus opening meditation - Radka</a>
11:45 - 13:00			<a href="#">Flowering Tree Meditation - Jitka and Rishi meeting by the fire by the big tent</a>
13:00 - 15:00	Lunch, afternoon siesta, meeting friends, swimming, sunbathing, wellness, massages...		
13:45 - 14:45			<a href="#">Ritual connection of rods and creation of altar - sweat lodge - Jitka meadow next to the MAIN TENT)</a>
15:00 - 18:00	<a href="#">Bridging heaven and earth – energy liberating body massage - Jenni</a>	<a href="#">The Scapegoat – Bodhi</a>	<a href="#">An ocean of tantric energy – an exceptional experience of water tantra – Jan a Marie, hotel pool</a>
18:00 - 19:30	Dinner, evening rest, meeting friends, swimming, sunbathing, wellness, massages...		
19:00 - 19:15	<a href="#">Ritual lighting of the fire for the sweat lodge - Jitka - by the pond at the back fire pit</a>		
19:30 - 20:00	Sharing and support - highly recommended to use - main tent and fire pit in front		
20:00 - 22:15	<a href="#">A concert of mantras and their joint chanting by Rishi and Shakya</a>	<a href="#">A fairytale of a caterpillar and a leaf, a tiger and a sheep, a vampire and a man – Jan a Marie</a>	
22:30 - 01:00	Night rest – prime time for saunas, swimming pool, jacuzzi, massages, meeting friends and integrating experiences even in dreams...		<a href="#">The Sweat Lodge – Jitka – see the detailed program</a>

Updated 1.7.

Date / Time	Thursday 6. July 2023		
topic of the day	MASCULINE AND FEMALE ENERGY (separately and together)		
WHERE	MAIN TENT	GREAT HALL VYSOČINA	SMALLER HALL - SÁZAVA/POOL/OTHERS
07:30 - 08:30	<a href="#"><u>The Powerful force of vortex and My inner adversary – Pavla</u></a>	<a href="#"><u>Anny FaceYoga 2, Wake up your face, wake up your passion!</u></a>	<a href="#"><u>Osho's Three Keys Technique - Radka</u></a>
08:30 - 09:50	Breakfast		
09:50 - 10:20	Introduction of the presenters and the program for today, possible changes and the possibility of questions - important!		
10:30 - 12:00	male group - all male presenters (tent or meadow in front of the tent)	female group - all presenters are women	
12:00 - 13:00	male-female energy - the whole team - (tent or meadow in front of the tent)		
13:00 - 15:00	Lunch, afternoon siesta, meeting friends, swimming, sunbathing, wellness, massages...		
13:30 - 14:45			Tantra and its traditional roots - lecture Lukáš - balcony by the dining room
15:00 - 16:30	<a href="#"><u>The secret of longevity - instructions for a happy partnership and personal and sexual life according to Tao - Míša</u></a>	Shamanic scanning - Jitka	<a href="#"><u>Bending the bar in couples - Mirka</u></a>
16:30 - 18:00			<a href="#"><u>Arrow as initiation - Mirka</u></a>
18:00 - 19:30	Dinner, evening rest, meeting friends, swimming, sunbathing, wellness, massages...		
19:30 - 21:30	<a href="#"><u>Drumming together and sitting by the fire - Adam</u></a>	<a href="#"><u>Tantric Dom/Dominatrix – Freya and Danni</u></a>	
21:30 - 23:00	<a href="#"><u>Firewalking – Mirka</u></a>		
23:00 - 01:00	Night rest – prime time for saunas, swimming pool, jacuzzi, massages, meeting friends and integrating experiences even in dreams...		
			Updated 1.7.

Date / Time	Friday 7. July 2023		
topic of the day	CEREMONIES AND RITUALS		
WHERE	MAIN TENT	GREAT HALL VYSOČINA	SMALLER HALL - SÁZAVA/POOL/OTHERS
07:30 - 08:30	<u>Balinese yoga</u>	<u>Orgasmic meditation - in pairs - Jan and Marie</u>	
08:30 - 09:50	Breakfast		
09:50 - 10:20	Introduction of the presenters and the program for today, possible changes and the possibility of questions - important!		
10:30 - 11:30	<u>Dance (s)flow for men and women with Toman and Kami</u>	<u>Three Circles of Pleasure - Danni</u>	<u>Sananga ritual - Vesna</u>
11:30 - 13:00			<u>Quiong - Vesna</u>
13:00 - 15:00	Lunch, afternoon siesta, meeting friends, swimming, sunbathing, wellness, massages...		
13:30 - 14:30			<u>Joska - autogramiáda knihy Zlaté dno a beseda – balkón u jídelny</u>
15:00 - 16:30	<u>Falls of trust - Joska - meadow in front of the tent</u>	<u>5 touch massage - Jitka</u>	<u>An ocean of tantric energy – an exceptional experience of water tantra – Jan a Marie, hotel pool</u>
16:30 - 18:00	<u>Crossing over the shards – Joska – fire pit by the pond</u>		
18:00 - 19:30	Dinner, evening rest, meeting friends, swimming, sunbathing, wellness, massages...		
19:00 - 19:15	<u>Ritual lighting of the fire for the sweat lodge - Jitka - by the pond at the back fire pit</u>		
19:30 - 20:00	<u>Sharing and support - highly recommended to use - main tent and fire pit in front</u>		
20:00 - 21:00	<u>Cacao by ceremony (team) to...</u>		
21:00 - 22:30	<u>... of trance dance - Rishi and Shakya</u>		
22:30 - 01:00	Night rest – prime time for saunas, swimming pool, jacuzzi, massages, meeting friends and integrating experiences even in dreams...		<u>The Sweat Lodge – Jitka – see the detailed program</u>

Updated 1.7.

Date / Time	Saturday 8. July 2023		
topic of the day	MORE ADVANCED PRINCIPLES OF TANTRA, SHAMANISM, DARK EROS AND TRANSFORMATION		
WHERE	MAIN TENT	GREAT HALL VYSOČINA	SMALLER HALL - SÁZAVA/POOL/OTHERS
07:30 - 08:30	<u>8:00-8:30 Tislogi Indian dance - Jitka (in good weather on the meadow next to the MAIN TENT)</u>	<u>Rosetta meditation in pairs - Danni</u>	<u>Sananga ritual - Vesna</u>
08:30 - 09:50	Breakfast		
09:50 - 10:20	Introduction of the presenters and the program for today, possible changes and the possibility of questions - important!		
10:30 - 13:00	<u>Embodying Intention and Fire Breath Meditation - Danni</u>	<u>Tantric massage as a sacred ritual - Jenni and Jan</u>	
13:00 - 15:00	Lunch, afternoon siesta, meeting friends, swimming, sunbathing, wellness, massages...		
15:00 - 16:30	<u>Tantric Art of Love – Freya and Piotr</u>	<u>Tantric transformation of fear, guilt, shame and anger through Dark Eros - Jan and Marie</u>	
16:30 - 18:00			
18:00 - 19:30	Dinner, evening rest, meeting friends, swimming, sunbathing, wellness, massages...		
19:30 - 20:00	Sharing and support - highly recommended to use - main tent and fire pit in front		
20:00 - 22:00	<b>Surprise</b>	<u>Arianrhod Celtic meditation with music to caress the soul - Jitka and Rishi</u>	
22:00 - 01:00	Night rest – prime time for saunas, swimming pool, jacuzzi, massages, meeting friends and integrating experiences even in dreams...		
Date / Time	Sunday 9. July 2023		
08:30 - 09:50	Breakfast		
10:00 - 13:00	Closing ceremony for everyone - the entire team of lecturers		
13:00 - 15:00	Lunch and departure		

Updated 1.7.